



# Central Bucks Family YMCA Pool Schedule

June 16 through August 3, 2008

Best lap swim times are when there are at least 2 lanes available. Lanes subject to change due to volume of swimmers.

	FRIDAY (Closed July 4)						SATURDAY						SUNDAY					
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
5:30 AM																		
6:00 AM	L						L											
6:30 AM	A						A											
7:00 AM	P		L				P		L									
7:30 AM			A						A									
8:00 AM			P				Rec Swim											
8:30 AM	Rec Swim																	
9:00 AM							PCS		LAP		LAP							
9:30 AM																		
10:00 AM							PCS				PSS							
10:30 AM																		
11:00 AM																		
11:30 AM							PCS		PS		PS							
12:00 PM	Senior Swim																	
12:30 PM							Rec Swim											
1:00 PM	Camp																	
1:30 PM																		
2:00 PM																		
2:30 PM																		
3:00 PM																		
3:30 PM							Senior											
4:00 PM							Rec											
4:30 PM																		
5:00 PM	Lifeguard																	
5:30 PM	Class #																	
6:00 PM																		
6:30 PM																		
7:00 PM																		
7:30 PM																		
8:00 PM																		
8:30 PM																		
9:00 PM																		
9:30 PM																		
10:00 PM																		

## Pool Rules

- The Lifeguard is in charge.
- Take a shower before entering the water.
- Remove band-aids prior to your swim.
- Please do not eat in the pool area.
- Please, no running, dunking, pushing, throwing, roughness, or carrying children on shoulders.
- Diving is permitted in the 8 ft. or deeper area. Head first, please!
- Do not hang or sit on the lane lines.
- Please use tight rubber pants or swim diapers on non-potty-trained children.
- The Lifeguard may ask you to do a swim test before allowing you in deep water.
- During Rec Swim, children age 7 or under or who need flotation must be within arm's length of a relative 18 years or older. Ratio is 1 adult to 3 children.
- During Rec Swim, parents with children 7 - 11 years of age who want to work out in the facility must sign in with the Lifeguard. Children must pass the deep end swim test.
- Children wearing flotation belts must stay in the shallow end.
- Children may only use YMCA noodles or toys brought from home. Kickboards and barbells are not for recreational use.
- Please do not play on the steps or ladders.
- Please no baby strollers on the pool deck.

**PCS** - Parent/Child Swim Lessons

**PS** - Progressive Swim Lessons

**PSS** - Pre-School Swim Lessons

# Lifeguard class is in the deep end, shallow end is available for rec swim